



*Young women
for girls and
Emergency card*

Emergency card

In accordance with the German Law, all men and women have equal rights and are considered equals. Every human being has a personal right to liberty and security. No-body should be subject to injury or attack, either physical or verbal. The above-listed telephone numbers permit girls and women to obtain help in matters of emergency.



Paderborn

Supported by the
City of Paderborn's
Equality Authority

Emergency services – Police:

☎ 110 *

Emergency services – Fire brigade / Ambulance

☎ 112 *

Help hotline: “for female victims of violence”

☎ 08000/11 60 16*
(in 15 languages)

Help hotline “for pregnant women in need of help”

☎ 08 00 / 4 04 00 20

Child Welfare-Point for female adolescents
(up to 18yrs)

☎ 0 52 58 / 98 73

Women’s refuges / refuges for adult women
(from the age of 18yrs) and their children:

☎ 0 52 58 / 98 74 80

☎ 0 52 51 / 51 51

Telephone counseling (Crisis Line)

☎ 08 00 / 1 11 01 11* or
☎ 08 00 / 1 11 02 22*

Lobby contact point for children
and adolescents

☎ 0 52 51 / 20 74 69 or
☎ 01 70 / 2 26 94 51

Counselling Center:

☎ 0 5 21 / 5 21 68 79

Counseling in matters of forced marriage

www.zwangsheirat-nrw.de

“Nummer gegen Kummer”

☎ 08 00 / 1 11 03 33*

Contact number in matters of distress

www.nummergegenkummer.de

“Pille danach” - contraception information

www.pille-danach.de

Counseling Center for help in cases of sexual
and domestic violence against women and girls:

Belladonna

☎ 0 52 51 / 1 21 96 19

Lilith

☎ 0 52 51 / 2 13 11

Conflict counselling centers for pregnant
women and pregnancy conflict situations:

Diakonie Paderborn-Höxter e. V.

☎ 0 52 51 / 5 40 18-40
www.diakonie-pbhx.de

donum vitae e. V.

☎ 0 52 51 / 3 98 27 50
www.paderborn.donumvitae.org

AIDS-Helpcentre Paderborn

☎ 0 52 51 / 28 02 98

Emergency medical care at MediCo

☎ 0 52 51 / 28 06 00

Husener Str. 48, 33098 Paderborn



24H



* free-of-charge from mobile/landline phones